

## Clothing stockists factsheet

Many people with eczema find that wool and synthetic materials, such as polyester and nylon, cause overheating, sweating and irritation, which set off the dreaded itch. Rough seams, fibres, fastenings and threads can also cause problems for sensitive skin. Your choice of clothing and bed linen can make a considerable difference to how comfortable you feel.

Pure cotton (the better the quality, the more comfortable it will be), is a popular choice for clothes and bed linen as it is soft, cool, absorbs sweat and allows the skin to 'breathe'.

Similarly, silk clothing and sheets are very soft, moisture-wicking and allow the skin to breathe. As it is a light material, some people with eczema find silk a good choice as underwear or nightwear. However, it is more expensive than cotton.

Bamboo is another soft, breathable material; more absorbent than cotton and highly effective at regulating temperature. The bamboo in clothing is generally described as 'bamboo viscose' or 'viscose derived from bamboo'. It is often teamed with cotton and a proportion of elastane/spandex/lycra. Tencel™ Lyocell, a cellulose fibre derived from bamboo or wood pulp, is also eczema-friendly, and more environmentally-friendly than bamboo viscose.

The following list contains details of cotton, silk, bamboo and Tencel™ Lyocell stockists of clothing and bed linen known to National Eczema Society. While the information is up-to-date at the time of writing, we cannot guarantee the continued validity of all entries. We do not recommend any particular company or supplier.

### Cotton stockists

#### **ArtyWren – Thoughtful Threads**

Tel: 07727 006098

[www.artywren.com](http://www.artywren.com)

*100% biodegradable, organic cotton children's clothing*

**The Bra Shop**, 299 Marine Road Central, Morecambe LA4 5BY

Tel: 01524 426 611

[www.brashoponline.co.uk](http://www.brashoponline.co.uk)

*100% cotton women's underwear*

**Frugi**, Hornsby House, Wheal Vrose Business Park, Helston, Cornwall TR13 0FG

[www.welovefrugi.com](http://www.welovefrugi.com)

Email: [info@welovefrugi.com](mailto:info@welovefrugi.com)

*Organic cotton adults', children's and babies' fashion and nightwear*

**Gossypium**, Enterprise Works, Beach Road, Newhaven, East Sussex BN9 0BX

Tel: 01273 514 101

[www.gossypium.co.uk](http://www.gossypium.co.uk)

Email: [info@gossypium.net](mailto:info@gossypium.net)

*Organic cotton collection focused on yoga wear*

**GreenFibres**, 99 High Street, Totnes, Devon TQ9 5PF

Tel: 01803 868 001

[www.greenfibres.com](http://www.greenfibres.com)

*Organic cotton adults' and children's clothing: nightwear, underwear, socks, tights, vests, bathrobes and a range of bedding, plus 100% silk women's underwear*

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**The Healthy House**, Unit B4, Phoenix Trading Estate,  
Thrupp, Stroud GL5 2BX

Tel: 01453 752 216

[www.healthy-house.co.uk](http://www.healthy-house.co.uk)

Email: [info@healthy-house.co.uk](mailto:info@healthy-house.co.uk)

*Organic cotton bed linen. Adults' cotton and silk and children's silk gloves, and house-dust-mite-proof bedding covers*

**John Lewis Partnership**, stores UK-wide

[www.johnlewis.com](http://www.johnlewis.com)

*Cotton bed linen*

**Natural Collection**, c/o Spark Etail Ltd, Follingsby  
Avenue, Follingsby Park, Gateshead NE10 8HQ

Tel: 0333 400 0463

[www.naturalcollection.com](http://www.naturalcollection.com)

*Organic cotton adults' and children's clothing, and bed linen*

**Nomads**, Nomads Clothing, Priory Yard, Launceston,  
Cornwall PL15 8HU

Tel: 01566 777 338

[www.nomadsclothing.com](http://www.nomadsclothing.com)

Email: [mailorder@nomadsclothing.com](mailto:mailorder@nomadsclothing.com)

*Organic cotton fashion mainly for women*

**People Tree**, 26 Camden High Street, London NW1 0JH

Tel: 020 7042 8900

[www.peopletree.co.uk](http://www.peopletree.co.uk)

Email: [people@peopletree.co.uk](mailto:people@peopletree.co.uk)

*Organic cotton and TENCEL™ Lyocell fashion for women*

**Pure Cotton Comfort**, Cotton Comfort Ltd,

Woodview Road, Paignton TQ4 7SR

Tel: 0333 240 0886

[www.eczemacllothing.com](http://www.eczemacllothing.com)

*100% cotton adults' and children's clothing: nightwear, underwear, gloves, socks, tights and leggings*

**Spirit of Nature**, c/o Spark Etail Ltd, Follingsby Avenue,  
Follingsby Park, Gateshead NE10 8HQ

Tel: 0333 400 1800

[www.spiritofnature.co.uk](http://www.spiritofnature.co.uk)

*Organic cotton adults' and children's clothing, and eco nappies*

**Suzanne Charles**, Units 22 & 24, High Barns Farm,  
Roxton, Bedford MK44 3ET

Tel: 01234 871 901

[www.suzannecharles.co.uk](http://www.suzannecharles.co.uk)

*100% cotton women's nightwear and underwear*

## Silk stockists

**DermaSilk**, Shefford House, 15 High Street, Shefford  
SG17 5DD

Tel: 01462 346 100

[www.dermasilk.co.uk](http://www.dermasilk.co.uk)

Email: [info@esperehealth.co.uk](mailto:info@esperehealth.co.uk)

*Therapeutic silk clothing: adults' and children's gloves and undergarments*

**Dreamskin**® Health Limited, The Melon Ground, Hatfield  
Park, Hatfield, AL9 5NB

Tel: 01707 260 505

[www.dreamskinhealth.co.uk](http://www.dreamskinhealth.co.uk)

*Therapeutic silk clothing: adults', children's and babies' gloves and undergarments*

**Gingerlily**, Studio 7, 16 Porteus Place, London SW4 0AS

Tel: 020 8877 9905

[www.gingerlily.co.uk](http://www.gingerlily.co.uk)

Email: [sales@gingerlily.co.uk](mailto:sales@gingerlily.co.uk)

*Silk-filled duvets, silk bed linen and women's nightwear*

**John Lewis Partnership** (see details under Cotton stockists)

*Silk duvets, pillows and pillowcases*

## Clothing stockists factsheet

**Patra**, 1-5 Nant Road, London NW2 2PS

Tel: 020 3179 9988

[www.patra.com](http://www.patra.com)

Email: [customerservices@patra.com](mailto:customerservices@patra.com)

*Silk fashion for adults and silk bed linen. Specialises in silk but also sells adults' and children's cotton clothing and some bamboo clothing*

**Skinnies**, Dermacea Ltd, Dermacea House,

1 Western Road, West Hagley DY9 0LB

Tel: 01562 884 898

[www.skinniesuk.com](http://www.skinniesuk.com)

Email: [info@skinniesuk.com](mailto:info@skinniesuk.com)

*Therapeutic silk clothing: adults', children's and babies' gloves and undergarments*

## Bamboo clothing

**BAM Bamboo Clothing**, Airport Business Centre,

10 Thornbury Road, Plymouth PL6 7PP

Tel: 01752 581 458

[www.bambooclothing.co.uk](http://www.bambooclothing.co.uk)

*Bamboo fashion for adults*

## School uniform

**EcoOutfitters**

Tel: 07506 568 172 or 07540 374 395

[www.ecooutfitters.co.uk](http://www.ecooutfitters.co.uk)

Email: [info@ecooutfitters.co.uk](mailto:info@ecooutfitters.co.uk)

*Organic cotton school uniform and children's wear*

**Marks & Spencer**, stores UK-wide

[www.marksandspencer.com](http://www.marksandspencer.com)

*Search for the 'SkinKind' range, although range is limited*

**Pure Cotton Comfort** (see details under Cotton stockists)

## Other

**Allergy Best Buys**, Clientbase Fulfilment Ltd, Paignton

Tel: 01274 56 56 99

[www.allergybestbuys.co.uk](http://www.allergybestbuys.co.uk)

Email: [customerservices@allergybestbuys.co.uk](mailto:customerservices@allergybestbuys.co.uk)

*House-dust-mite-proof bedding cover sets, bamboo bed linen and towels, adults' and children's gloves made from bamboo, cotton and silk, and adults' and children's silk undergarments*

**DermaTherapy Bedding**, Shefford House, 15 High

Street, Shefford SG17 5DD

Tel: 01462 346 100

[www.dermatherapybedding.co.uk](http://www.dermatherapybedding.co.uk)

Email: [info@esperehealth.co.uk](mailto:info@esperehealth.co.uk)

*Bed linen designed to help manage eczema by dissipating heat and moisture*

### DISCLAIMER

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National Eczema Society is a registered charity in England and Wales (No. 1009671) and in Scotland (No. SC043669). Registered Office: 11 Murray Street, London NW1 9RE