CLOTHING STOCKISTS LIST

Many people with eczema find that wool and synthetic materials, such as polyester and nylon, cause overheating, sweating and irritation, which set off the dreaded itch. Rough seams, fibres, fastenings and threads can also cause problems for sensitive skin. Your choice of clothing and bed linen can make a considerable difference to how comfortable you feel.

Pure cotton (the better the quality, the more comfortable it will be), is a popular choice for clothes and bed linen as it is soft, cool, absorbs sweat and allows the skin to ‘breathe’.

Similarly, silk clothing and sheets are very soft, moisture-wicking and allow the skin to breathe. Being a light material, some people with eczema find silk a good choice as underwear or nightwear. However, it is more expensive than cotton.

Bamboo clothing and bed linen are harder to find, but bamboo can be a good choice if you are looking for soft, organic material that will help to balance body temperature.

The following list contains details of cotton, silk and bamboo stockists of clothing and bed linen known to the National Eczema Society. While the information is up-to-date at the time of writing, we cannot guarantee the continued validity of all entries. We do not recommend any particular company or supplier.

**Cotton stockists**

- **Classic Intimates**, The Bra Shop Morecambe, 299 Marine Road Central, Morecambe LA4 5BY, Tel: 01524 426 611  
  Website: [www.classicintimates.co.uk](http://www.classicintimates.co.uk)  
  100% cotton women’s underwear

- **Cotton Comfort**, PO Box 637, Wetherby Road, York YO26 0DQ, Tel: 0844 245 1168  
  Website: [www.eczemaclothing.com](http://www.eczemaclothing.com)  
  100% cotton adults’ and children’s clothing: nightwear, underwear, gloves, socks, tights and leggings

- **Gossypium**, Enterprise Works, Beach Road, Newhaven, East Sussex BN9 0BX, Tel: 01273 514 101  
  Website: [www.gossypium.co.uk](http://www.gossypium.co.uk)  
  Email: info@gossypium.net  
  Organic cotton collection focused on yoga wear

- **GreenFibres**, 99 High Street, Totnes, Devon TQ9 5PF, Tel: 01803 868 001  
  Website: [www.greenfibres.com](http://www.greenfibres.com)  
  Organic cotton adults’ and children’s clothing: nightwear, underwear, socks, tights, vests, bathrobes and a range of bedding, plus 100% silk women’s underwear

- **The Healthy House**, The Old Co-op, Lower Street, Ruscombe, Stroud GL6 6BU, Tel: 01453 752 216  
  Website: [www.healthy-house.co.uk](http://www.healthy-house.co.uk)  
  Email: info@healthy-house.co.uk  
  Organic cotton bed linen. Adults’ and children’s cotton and silk gloves, and house-dust-mite-proof bedding covers
# CLOTHING STOCKISTS LIST

<table>
<thead>
<tr>
<th>Stockist</th>
<th>Address</th>
<th>Website</th>
<th>Contact Information</th>
</tr>
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<tbody>
<tr>
<td><strong>John Lewis Partnership</strong>, stores UK-wide</td>
<td>Website: <a href="http://www.johnlewis.com">www.johnlewis.com</a></td>
<td></td>
<td></td>
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<tr>
<td>Cotton bed linen</td>
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<tr>
<td><strong>LUMA</strong>, 98 Church Road, London SW13 0DQ, Tel: 020 8748 2264</td>
<td>Website: <a href="http://www.lumadirect.com">www.lumadirect.com</a></td>
<td>Email: <a href="mailto:info@lumadirect.com">info@lumadirect.com</a></td>
<td>Organic cotton bed linen</td>
</tr>
<tr>
<td><strong>Natural Collection</strong>, c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead NE10 8HQ, Tel: 0333 400 0463</td>
<td>Website: <a href="http://www.naturalcollection.com">www.naturalcollection.com</a></td>
<td></td>
<td>Organic cotton adults’ and children’s clothing, and bed linen</td>
</tr>
<tr>
<td><strong>Nomads</strong>, Nomads Clothing, Priory Yard, Launceston, Cornwall PL15 8HU, Tel: 01566 777 567</td>
<td>Website: <a href="http://www.nomadsclothing.com">www.nomadsclothing.com</a></td>
<td>Email: <a href="mailto:mailorder@nomadsclothing.com">mailorder@nomadsclothing.com</a></td>
<td>Organic cotton fashion mainly for women</td>
</tr>
<tr>
<td><strong>People Tree</strong>, 26 Camden High Street, London NW1 0JH, Tel: 020 7042 8900</td>
<td>Website: <a href="http://www.peopletree.co.uk">www.peopletree.co.uk</a></td>
<td>Email: <a href="mailto:people@peopletree.co.uk">people@peopletree.co.uk</a></td>
<td>Organic cotton fashion for women</td>
</tr>
<tr>
<td><strong>Spirit of Nature</strong>, c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead NE10 8HQ, Tel: 0333 400 1800</td>
<td>Website: <a href="http://www.spiritofnature.co.uk">www.spiritofnature.co.uk</a></td>
<td></td>
<td>Organic cotton adults’ and children’s clothing, and eco nappies</td>
</tr>
<tr>
<td><strong>Suzanne Charles</strong>, Unit 18, High Barns Farm, Roxton, Bedford MK44 3ET, Tel: 01234 871 901</td>
<td>Website: <a href="http://www.suzannecharles.co.uk">www.suzannecharles.co.uk</a></td>
<td></td>
<td>100% cotton women’s nightwear and underwear</td>
</tr>
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</table>

**Silk stockists**

<table>
<thead>
<tr>
<th>Stockist</th>
<th>Address</th>
<th>Website</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td><strong>DermaSilk</strong>, Espere Healthcare Ltd, Shefford House, 15 High Street, Shefford, Bedfordshire SG17 5DD, Tel: 01462 346 100</td>
<td>Website: <a href="http://www.dermasilk.co.uk">www.dermasilk.co.uk</a></td>
<td>Email: <a href="mailto:chesca@esperehealth.co.uk">chesca@esperehealth.co.uk</a></td>
<td>Therapeutic silk clothing: adults’, children’s and babies’ gloves and undergarments</td>
</tr>
</tbody>
</table>
CLOTHING STOCKISTS LIST

Dreamskin © Health Limited, The Melon Ground, Hatfield Park, Hatfield, Hertfordshire AL9 5NB, Tel: 01707 260 505
Website: www.dreamskinhealth.co.uk

Therapeutic silk clothing: adults’, children’s and babies’ gloves and undergarments

Gingerlily, 2 Morie Studios, 4 Morie Street, London SW18 1SL, Tel: 020 8877 9905
Website: www.gingerlily.co.uk
Email: sales@gingerlily.co.uk

Silk-filled duvets, silk bed linen and women’s nightwear

John Lewis Partnership (see details under Cotton stockists)

Silk duvets, pillows and pillowcases

Skinnies, Dermacea Ltd, Dermacea House, 1 Western Road, West Hagley DY9 0LB, Tel: 01562 884 898
Website: www.skinniesuk.com
Email: info@skinniesuk.com

Therapeutic silk clothing: adults’, children’s and babies’ gloves and undergarments

Bamboo clothing

BAM Bamboo Clothing, Airport Business Centre, 10 Thornbury Road, Estover, Plymouth, Devon PL6 7PP, Tel: 01752 581 458
Website: http://www.bambooclothing.co.uk

School uniform

Cotton Comfort (see details under Cotton stockists)

EcoOutfitters, Tel: 07540 374 395 or 07506 568 172
Website: www.ecooutfitters.co.uk
E-mail: info@ecooutfitters.co.uk

Organic cotton school uniform and children’s wear

Marks & Spencer, stores UK-wide
Website: www.marksandspencer.com. Search for the ‘SkinKind’ range, although range is quite limited

Other

Allergy Best Buys, Clientbase Fulfilment, Woodview Road, Paignton TQ4 7SR, Tel: 01274 56 56 99
Website: www.allergybestbuys.co.uk
Email: customerservices@allergybestbuys.co.uk

House-dust-mite-proof bedding cover sets, bamboo bed linen and towels, adults’ and children’s gloves made from bamboo, cotton and silk, and adults’ and children’s silk undergarments
CLOTHING STOCKISTS LIST

DermaTherapy Bedding, Espère Healthcare Ltd, Shefford House, 15 High Street, Shefford, Bedfordshire SG17 5DD, Tel: 01462 346 100
Website: www.dermatherapybedding.co.uk
Email: info@dermatherapybedding.co.uk
Bed linen designed to help manage eczema by dissipating heat and moisture

If you have any other suggestions for stockists of eczema-friendly clothing or bedding, we’d love to hear them. Please e-mail us at helpline@eczema.org, call us on 020 7281 3553 or write to us at National Eczema Society, 11 Murray Street, London NW1 9RE

National Eczema Society November 2018

- The National Eczema Society is a registered charity in England and Wales (number 1009671) and in Scotland (number SCO43669), and is a company limited by guarantee (registered in England, number 2685803). Office: 11 Murray Street, London NW1 9RE
- We are dedicated to improving the quality of life for people with eczema and their carers
- Eczema affects at least six million children and adults in the UK every year
- All our information is clinically evidence-based and written by or verified by dermatology experts
- The National Eczema Society receives no Government or Health Service funding, relying entirely on voluntary income from the general public, Companies and Trusts

DISCLAIMER

These details are provided only as a general guide. Individual circumstances differ and the National Eczema Society does not prescribe, give medical advice or endorse products or treatments. We hope you will find the information useful but it does not replace and should not replace the essential guidance given by your general practitioner, dermatologist or dermatology nurse.