CLOTHING STOCKISTS LIST

Many people with eczema find that wool and synthetic materials, such as polyester and nylon, cause overheating, sweating and irritation which set off the dreaded itch. Rough seams, fibres, fastenings and threads can also cause problems for sensitive skin. Your choice of clothing and bed linen can make a considerable difference to how comfortable you feel.

Pure cotton (the better the quality, the more comfortable it will be), is a popular choice for clothes and bed linen as it is soft, cool, absorbs sweat and allows the skin to ‘breathe’.

Similarly, silk clothing and sheets are very soft, moisture wicking and allow the skin to breathe. Being a light material, some people with eczema find silk a good choice as undergarments or nightwear. However, it is more expensive than cotton.

Bamboo clothing and bed linen are harder to find, but can be a good choice if you are looking for soft, organic material that will help to balance body temperature.

The following list contains contact details of cotton, silk and bamboo stockists of clothing and bed linen known to the National Eczema Society. It does not claim to be fully comprehensive.

Whilst the information given is up to date at the time of writing, we cannot guarantee the continued validity of all entries. Neither can the list be taken as a recommendation by the National Eczema Society for any particular firm or supplier.

**Cotton Stockists**

**Classic Intimates**, The Bra Shop Morecambe, 299 Marine Road Central, Morecambe, LA4 5BY. Tel: 01524 426611. Website: [www.classicintimates.co.uk](http://www.classicintimates.co.uk)

**Cotton Comfort**, PO Box 637, Wetherby Road, York, YO26 0DQ. Tel: 0844 245 1168. Website: [www.eczemaclothing.com](http://www.eczemaclothing.com)

100% cotton children’s and adults’ clothing, all-in-one sleepsuits for children, socks, underwear, gloves and tights.

**Draper’s Organic Cotton**, PO Box 588, Godstone RH9 8WX. Tel: 0333 456 3560 Website: [www.drapersorganiccotton.co.uk](http://www.drapersorganiccotton.co.uk)

Organic cotton baby clothes including hats, bibs, booties, dresses, tops and bottoms, plus organic cotton nappies, bed wear, toys and gift sets.

**Gossypium**, Enterprise Works, Beach Road, Newhaven, East Sussex, BN9 0BX. Tel: (+44) 01273 514101. Website: [www.gossypium.co.uk](http://www.gossypium.co.uk) Email: info@gossypium.net

Organic cotton collection centred around yoga wear.

**GreenFibres**, 99 High Street, Totnes, Devon TQ9 5PF. Tel: (01803) 868001. Website: [www.greenfibres.com](http://www.greenfibres.com)

Supports ethical trading. Adults’ and children’s organic cotton clothing: nightwear, underwear, socks, tights, vests, bathrobes and a range of bedding, plus 100% silk ladies’ underwear.
CLOTHING STOCKISTS LIST

The Healthy House, The Old Co-Op, Lower Street, Ruscombe, Stroud GL6 6BU. Tel: (01453) 752216. Website: www.healthy-house.co.uk Email: info@healthy-house.co.uk

Cotton bedding: sheets, pillow cases and covers. Silk duvets, pillows and pillow cases. House dust-mite-proof bedding covers.

LUMA, 98 Church Road, London SW13 0DQ. Tel: 020 8748 2264. Website: www.lumadirect.com email: info@lumadirect.com
Organic cotton and fair-trade blankets, bed linen, sheets, pillow cases and duvets.

Natural Collection, c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead, NE10 8HQ. Tel: 0333 400 0463. Website: www.naturalcollection.com

Suzanne Charles, Unit 7, High Barns Farm, Roxton, Bedford, MK44 3ET. Tel: 01234 871901. Website: www.suzannecharles.co.uk/bras.html
100% cotton bras.

The Real Pyjamas Company, The Hayloft, Berry Hall, Honingham, Norwich, Norfolk NR9 5AX. Tel/fax: (01603) 880887. Website: www.pyjamas-nightshirts.co.uk
100% cotton pyjamas with smooth seams and waist ties plus night-shirts, mostly for men.

The Sounder Sleep Company, Carriage House, Forde Close, Newton Abbot, Devon, TQ12 4EY. Tel: 01274 565699. Website: www.soundersleep.co.uk
100% pure cotton house-dust-mite-proof barrier covers for encasing mattresses, duvets and pillows. House-dust-miteproof sleeping bags. Also children’s and adults’ sleepwear and sleep-safe toys.

Spirit of Nature Ltd, c/o Spark Etail Ltd, Follingsby Avenue, Follingsby Park, Gateshead, Tyne and Wear, NE10 8HQ. Tel: 0333 400 1800. Website: www.spiritofnature.co.uk
Organic cotton clothing includes women’s underwear, nightwear and some day wear. Plus babies’ bodysuits, underwear for children aged 3–10 years and organic nappies.
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Silk Stockists

**Derma Silk**, Espere Healthcare Ltd, Shefford House, 15 High Street, Shefford, Beds SG17 5DD. Tel: 01462 346100
Website: [www.dermasilk.co.uk](http://www.dermasilk.co.uk)

Therapeutic clothing: adults, children’s and babies’ gloves, T-shirts, underwear, socks and facial masks.

**Dreamskin © Health Limited**, The Melon Ground, Hatfield Park, Hatfield, Hertfordshire AL9 5NB. Tel: +44 (0) 1707 260 505. Website: [www.dreamskinhealth.co.uk](http://www.dreamskinhealth.co.uk)

A range of Therapeutic silk clothing available to sufferers of eczema.

**Gingerlily Ltd**, 2Morie Studios, 4 Morie Street, London, SW18 1SL. Tel: +44 (0)20 8877 9905. Website: [www.gingerlily.co.uk](http://www.gingerlily.co.uk)

Silk-filled duvets, silk bed linen and baby blankets.

**Bamboo Clothing**

**BAM Bamboo Clothing**, Airport Business Centre, 10 Thornbury Road, Estover, Plymouth, Devon, PL6 7PP. Tel: 01752 581458. Website: [http://www.bambooclothing.co.uk](http://www.bambooclothing.co.uk)

Email: davidg@bambooclothing.co.uk

School Uniform

**Cotton Comfort** (see details under Cotton Stockists). Cotton school trousers, skirts, shirts and gingham school dresses.

**Marks & Spencer**, stores UK-wide. Website: [www.marksandspencer.com](http://www.marksandspencer.com). Look out for the SkinKind range, although range is quite limited.

**Other**

**DermaTherapy Bedding**, Espère Healthcare Ltd, Shefford House, 15 High St, Shefford, Bedfordshire, SG17 5DD
Tel: +44 (0) 1462 346101 (24 hour answerphone)
Website: [www.dermatherapybedding.co.uk](http://www.dermatherapybedding.co.uk) Email: info@dermatherapybedding.co.uk

Sheets and pillowcases designed to help manage eczema by dissipating heat and moisture.

The National Eczema Society takes no responsibility for the quality of goods or the performance of the stockists. The list contains companies who offer mail order as well as some that are shop-based. We would welcome details of additional outlets that could be added to the list: please email helpline@eczema.org or write to us at National Eczema Society 11 Murray Street LONDON NW1 9RE.
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The National Eczema Society is a registered charity in England and Wales (number 1009671) and in Scotland (number SCO43669) and is a company limited by guarantee (registered in England, number 2685803). Office: 11 Murray Street, LONDON, NW1 9RE.

◊ We are dedicated to improving the quality of life for people with eczema and their carers.
◊ Eczema affects FIVE MILLION children and adults in the UK every year.
◊ ALL our information is clinically evidence based and written by or verified by dermatology experts.
◊ The National Eczema Society receives no Government or Health Service funding, relying entirely on voluntary income from the general public, Companies and Trusts.

DISCLAIMER

These details are provided only as a general guide. Individual circumstances differ and the National Eczema Society does not prescribe, give medical advice or endorse products or treatments. We hope you will find the information useful but it does not replace and should not replace the essential guidance given by your general practitioner, dermatologist and dermatology nurse.